



Buckwheat Pancakes

16 oz whole milk

8 oz egg (4)

4 oz melted butter

2 oz honey

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16 oz buckwheat flour

2 t baking soda

2 t baking powder

Yield: 16-20 medium-size pancakes

1. Combine all wet ingredients in a bowl and mix well.
2. Combine all dry ingredients, and add to the bowl of wet ingredients, mixing well but not for too long.
3. Fry pancakes on a lightly oiled skillet over medium-high heat. Flip when bubbles come to the surface and set slightly.

Rhubarb Compote

2 cups rhubarb, chopped into ½ inch pieces

1 cup strawberries, chopped in half

1 cup sugar

½ cup water

1. Combine all ingredients in a small saucepan.
2. Bring to a simmer over medium heat, and cook until the rhubarb is soft but not mushy.

